



Family Battle Plan

A discipleship pathway to assist parents in engaging their children on their journey of faith

Week 7: Family

Middle School

Theme Verse

"Honor your father and your mother so that you may have a long life in the land that the Lord your God is giving you" (Exodus 20:12).

Objective

God's plan for the family involves one man and one woman, committing to one another in a lifelong relationship as a reflection of God's love for His people.

Teach

There is something amazing about being part of a team, especially when doing something hard. It helps to have the comradery in an Escape Room when you work together to find the puzzle's solution, or on a sports team when you lean on each other's strengths to win. Having a team makes it easier in any circumstance.

Why is it easier to do things with a team than alone? Because having different strengths, perspectives, and abilities focused on the same goal increases our chance for success.

God designed us to have a family to lean on and go through life with; we can encourage and love one another in a symbolic way of His love for us. Friends and teams come and go, but family is always family. There is a bond that can never be broken, similar to how the Lord is always with us, to be our rock and solid ground.

Every night we come home to our family, and we are always there for each other, fighting life's battles together. Our parents have been through the battles students face right now, so it is beneficial to listen to our parents for help in our battles of life. Going through it together.

We see all throughout the Bible that God does not abandon His people; He loves us so much and wants to walk through the valley of the shadow of death with us.

Discussion Questions

Let this be a time of discussion.

1. What are some ways you can depend on each other as a family?
2. How have you seen your family work together to accomplish something?
3. How can your family focus on God's Word together in life's battles?

Play

Option 1: Grab a piece of paper and begin writing down what all needs to be done at the house—from pulling weeds to taking out the trash. Then ask and find out how your family can work together to get these things done? Have a discussion about how your family can work together inside and outside of the home to solve problems as a team.

Option 2: Everyone, say something you appreciate about everyone else at the dinner table. It may take a second to think about, but encouraging our family is an important part of being a family, just how the Lord encourages us daily in our walk with Him.

Live it Out

Have a piece of paper labeled "The Teamwork Sheet" and for every time your family or part of your family does something together, even if it is carrying in the groceries, put a tally mark on the paper, and at the end of the week, see how many times you worked together in the week!

Teaching our students that family is important can be difficult, but we must always be willing to listen and help when our students need us. We also need to teach our students how just as we depend on each other as a family, we can depend on the Lord because he is always on our side, just like a parent. Life can get busy but be sure to regularly show your spouse you are on their team because God has shown us that marriage is a picture of Christ's love for us.

Closing Prayer

Lord, thank You for allowing us to depend on You. Thank You for our family and the encouragement we are to each other. Help our child(ren) to honor their father and mother as You have instructed them. Help us to teach them biblical truth and love when we *"sit at home and when you walk along the road, when you lie down and when you get up"*(Deuteronomy 11:19 NIV).